



**Office of the Commandant
3rd India Reserve Battalion, Sikkim
Police Headquarters, Gangtok
Ph.No. 03592-201484**

No. 279/CO/3rd IRBn/2014

Date: 14/06/2014

EMPLOYMENT NOTICE (AMENDMENT)

In partial amendment of Employment Notice published in Sikkim Herald issue dated 18/02/2014 & 20/02/2014 and subsequent notice for recruitment to the Sikkim Police, it is hereby stated that the standards of the Physical Efficiency Test (PET) indicated therein are for the post of Constables (General Duty).

2. For technical posts i.e., Constable (Technical–Communication), Constable Drivers and Followers the standards of PET are as follows.

(a) 100 – Meter Race

For Male Candidates	For Female Candidates	Level	Marks
Below 13.0 seconds	Below 16.5 seconds	A	10 marks
13.0 to 14.5 seconds	16.5 to 18.0 seconds	B	8 marks
14.5 to 16.0 seconds	18.0 to 19.5 seconds	C	6 marks
Above 16.0 seconds	Above 19.5 seconds		Failed & disqualified

(b) 1500 – Meter Race

For Male candidates	For Female Candidates	Level	Marks
Below 5.5 minutes	Below 6.5 minutes	A	10 marks
5.5 to 6.75 minutes	6.5 to 8.0 minutes	B	8 marks
6.75 to 8.0 minutes	8.0 to 9.5 minutes	C	6 marks
Above 8.0 minutes	Above 9.5 minutes		Failed & disqualified

(c) High Jump (three chances)

For Male Candidates	For Female Candidates	Level	Marks
Above 1.40 meters	Above 1.15 meters	A	10 marks
1.25 to 1.40 meters	1.00 to 1.15 meters	B	8 marks
1.10 to 1.25 meters	0.85 to 1.00 meters	C	6 marks
Below 1.10 meters	Below 0.85 meters		Failed & disqualified

(d) Long Jump (three chances)

For Male Candidates	For Female Candidates	Level	Marks
Above 4.50 meters	Above 3.40 meters	A	10 marks
4.05 to 4.50 meters	3.00 to 3.40 meters	B	8 marks
3.60 to 4.05 meters	2.60 to 3.00 meters	C	6 marks
Below 3.60 meters	Below 2.60 meters		Failed & Disqualified

(e) Shot-Put (three chances)

For Male Candidates	For Female Candidates	Level	Marks
Above 6.75 meters	Above 4.75 meters	A	10 marks
5.75 to 6.75 meters	4.25 to 4.75 meters	B	8 marks
4.75 to 5.75 meters	3.75 to 4.25 meters	C	6 marks
Below 4.75 meters	Below 3.75 meters		Failed & disqualified

1. The distribution of marks for the written examination for the post of Constable GD, Constable (Technical-Communication) , Constable Drivers and Followers are also as under:
 - (a) **Constable GD:** PET – 75 marks, Written examination-100 marks, Viva – 25 marks
 - (b) **Constable Technical:** PET – 50 marks, Written examination – 125 marks and Viva – 25 marks.
 - (c) **Constable Drivers:** PET – 50 marks, Written examination – 100 marks, Skill Test (driving) – 25 marks and Viva- 25 marks.
 - (d) **Followers:** PET- 50 marks, Written examination- 100 marks, Skill Test (as per trade applied for)- 25 marks, Viva – 25 marks.
2. The broad syllabus and marks for the written examination for the post of Constable will be as under:
 - (a) General Knowledge including questions on Current Affairs and Reasoning – 80 marks
 - (b) Short Essay and Letter Writing – 20 marks

NOTE: The extra 25 marks for written examination for the post of Constable (Technical-Communication) will include questions on particular technical subjects.

Sd/-
Commandant/3rd IRBn.
Police Headquarters,
Gangtok.